## September 2022 Levee Mural Submission to PCD Board

Ashlynn Young "Growth" 24 x 27

Something that has been so prevalent to me lately is the time and effort it takes to better yourself. But I have learned it is not wrong to love yourself how can you know how to love others if you don't first learn how to love yourself? You are worth nourishing; you are special and important. You are the greatest project you will ever work on.

